



# SINGLES EDITION

DATING/ENGAGED EDITION:  
WEEK 3 - PREPARING FOR "I DO"

What is the toughest challenge that you've prepared for (sports, physics class, etc.)?  
What did that preparation look like?

## → THE IMPORTANCE OF PREPARATION

Promises are no substitute for preparation.

PROVERBS 14:8 (NIV)

The wisdom of the prudent is to give thought to their ways, but the folly of fools is deception.

PROVERBS 22:3 (NIV)

The prudent see danger and take refuge, but the simple keep going and pay the penalty.

PROVERBS 14:15 (NIV)

The simple believe anything, but the prudent give thought to their steps.

Commit now to become someone who can keep his/her commitments later.

*"If you attempt to build intimacy with a person before you've done the hard work of becoming a whole and healthy person, every relationship will be an attempt to complete the hole in your heart."*  
Les and Leslie Parrott

## → PREPARING FOR "I DO" SELF-ASSESSMENT

### HEART SECTION

Love is **patient**, love is **kind**, It does **not envy**, it does **not boast**, it is **not proud**. 5 It does **not dishonor** others, it is **not self-seeking**, it is **not easily angered**, it keeps **no record of wrongs**.

6 Love does **not delight in evil** but rejoices with the truth. 7 It **always protects**, **always trusts**, **always hopes**, **always perseveres**. 1 CORINTHIANS 13:4-7 (NIV)



Go through and rate yourself on the following according to the scale (use the same scale for page two):

1-10  
Rating

☐ PATIENCE:  
How patient are you with other people?

☐ NOT BOASTFUL OR PROUD:  
How would those at work rate your humility?

☐ KINDNESS:  
How considerate are you of others?

☐ NOT EASILY ANGERED:  
How much control do you have of your anger?

☐ NOT ENVIOUS:  
How easy is it to celebrate others' successes? How easy is it to not tell a "one-up" story?

☐ KEEPS NO RECORD OF WRONGS:  
How easy is it to let go of past hurts or wrongs?

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## HABIT SECTION: PRACTICAL SIDE OF MARRIAGE

### COMMUNICATION

☐ I am a good listener. ☐ I have good control of my tone. ☐ I can communicate clearly to others.

### FAITH

☐ I have a habit of connecting with God on a regular basis. ☐ I am connected in a faith community.  
☐ I am actively growing in my faith.

### FINANCES

☐ I have a budget and I follow it. ☐ Money is not a stressor in my life. ☐ I am generous.

### HANDLING CONFLICT

☐ When there is a conflict, I have good self-control. ☐ People would say that I fight fair in a conflict.  
☐ In an argument, "I don't clam up" or "need to get the last word".

### PROCESSING THE PAST

☐ I know what my insecurities are and I am actively working on them.  
☐ I have processed or am currently processing through past pain.  
☐ I have forgiven past relationships.



### TABLE DISCUSSION

According to the Heart Section of the assessment, what area needs the most work?  
 Why do you think that is?

According to the Habit Section of the assessment, what area needs the most work?  
 Why do you think that is?

